Value Buying

Taught by: Sal Vicari

This course will focus on teaching the student how to get the best value on the dollar spent. The student will learn how in some instances, the least expensive item is not necessarily the best value. They will see how "convenience" foods are very costly. The students will learn how research prior to making significant purchases to ensure they are receiving the best possible value. They will also be encouraged to create a budget and use Quicken to manage it. If it can be arranged with nearby banks, the students will learn the benefits of periodic savings. Students will become aware of how and where they are spending there money. This awareness will

allow them to make changes to these habits so that they can reduce their expenses.

At the Art and Wellness Studio